

# What Do Our Testimonials Say?



After gaining back 30 of 50 pounds I had lost, I went to see Dr. Kim in desperation. "It's not your fault," he said. "It's just your biochemistry. I can fix that." And he did. My weight is stabilized, diabetes is no longer stalking me, and I am grateful beyond words.

I am 51 years old and have suffered with chronic back pain for a little over ten years. I began having acupuncture treatments one month ago with Dr. Kim and my pain has been decreased by 75%.

My quality of life has been restored through Dr. Kim's kindness and acupuncture skills.

My diabetes was out of control and I was about to have to begin an insulin regimen when I met Dr. Kim. He implemented anti-inflammatory and low glycemic nutrition and within three months I was off Byetta shots and Metformin, and in another three months I no longer required any diabetes medication.

For the first time, monthly mood swings were replaced by a peaceful and calm frame of mind. Indeed, I was a skeptic, but Dr. Kim's professional yet caring approach to his practice has made me a believer.

Since back surgery three years ago, I have had chronic muscle spasm of the paraspinal muscles above the iliac crest with referral to the right sciatic notch, and at times to my right knee and ankle. I have seen Dr. Kim a total of 6 times at the writing of this note, and have been pain free for the first time in two plus years with only modest occasional spasm and minimal referred pain.

Dr. Kim is a gentle thoughtful physician who is committed to the serving of his patients. I have been fortunate not only to have been relieved of substantial pain, but also to have been exposed to healing potential about which I knew little.

As a result of an accident, I have been experiencing lower back pain which has affected my left leg, foot and buttock area. I am now hopeful and I am encouraged because I now feel that I do not have to live my life with pain. Dr. Kim is a caring and wonderful doctor, who shows concern for his patients and takes the time to listen.

Acupuncture has relieved my pain considerably to the point where I do not have to use my prescribed medication unless the pain is aggravated. It is amazing to me that I can walk out of the clinic feeling 100% better than when I walked in.

After an auto accident, my nerve pain all over my body was so excruciating that a specialist told me I would eventually want to commit suicide. Because of Dr. Kim's multi-faceted approach to pain management, and his careful tutelage, I am living a life full of hope and potential, with meaning and purpose again.

Dr. Kim has been there when no one would take the time to really see the problems I am facing. He has shown much patience, understanding, and compassion. Thank you for providing me with this angel who I believe has been sent to me to help me by seeing my injuries for what they are and providing the exceptional service I could not have found elsewhere.

Dr. Kim worked patiently and diligently, with an overall confidence and caring manner. I can say that acupuncture has been the most effective treatment for my fibromyalgia.

**Georgia Integrative Medicine 678.814.1333 [www.georgiaintegrative.com](http://www.georgiaintegrative.com)**

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## More Testimonials ...

For many years I suffered insomnia. After two treatments with acupuncture I was able to sleep the entire night. I thank Dr. Kim for his willingness to listen, his understanding, and his desire to help me.

The past two years have been an endless series of trips to massage therapist, other acupuncturist, and western style medical doctors. Now after only three treatments with Dr. Kim, my pain is almost completely disappeared.

I am sensitive to certain drugs, especially painkillers, and have found acupuncture to be a better solution than medication for the treatment of pain in many instances. Dr. Kim was quick to see that I was mildly depressed due to the limitations I was experiencing. While he was administering treatment for my foot pain, he also treated my anxiety. As a result, the inflammation in my foot is no longer a problem; the depression has disappeared, and I've resumed normal activity with some adaptations.

I can honestly say that I would not be alive had I not met Dr. Kim.

I came to you with pain in my left foot, and with your involvement, guidance, and care, the pain in the sole of my foot is gone, and the pain in my soul has been cared for as well.

It was your personal involvement with me as a person in psychological and spiritual pain, as well as physical pain, that made the profound difference in my life. Thank you for caring for me, and your other patients, in such a deeply personal way.

Thank you for understanding my tears and fears. Thank you for praying with me.

It was my feeling that a miracle happened when Dr. Kim made my hand feel normal again, first time after nine months and four months after surgery.

When I came to see Dr. Kim about my allergies, he inquired about my diet, exercise, and stress relief habits. I am glad to have visited Dr. Kim's office and to have been informed of how all aspects of your life can affect your health.

I hoped Dr. Kim would tell me that surgery was not needed and that with a few treatments my problem would be cured. After reviewing my case, he gave me his honest opinion, that it was in my best interest to have surgery. He agreed to give me a couple of treatments before my surgery. His quiet soothing words calmed my fears. After my surgery, I experienced no pain. I am grateful to Dr. Kim for strengthening my faith.

I was given a diagnosis of lupus, rheumatoid arthritis and mixed connective tissue disease in January 2006. In January 2008 I began seeing Dr. Kim. After only three months of seeing Dr. Kim, was sleeping well and no longer depressed. What I am most excited about is that I am PAIN FREE for the first time in over two years!

Dr. Kim's anti-inflammatory approach to treating my pain from osteoarthritis is nothing short of miraculous. When other doctors said I would need a wheelchair, Dr. Kim has kept me on my feet. I can work, hunt, and fish without difficulty.



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